

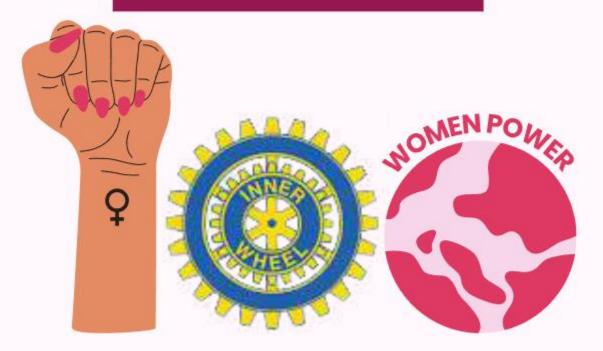






# Inner Link

E - BULLETIN MARCH 2023-24



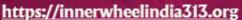
# YEARS OF FRIENDSHIP & SERVICE

IIW President Trish Douglas District Chairman Rachana Malpani Assn President Preeti Gugnani

District Editor Netra Bhakkad







#### MESSAGE FROM DISTRICT CHAIRMAN





#### Dear Members of District 313,

Wishing you all a vibrant and joyous Holi! As we bask in the colors of joy and unity, let's channel this energy into empowering the women around us.

This March, under the banner of "Rising Strong - Woman Empowerment," we are called to action through our "One Member, One Project" initiative. It's a chance to infuse our community with strength and resilience, one project at a time. Here are fresh and impactful project ideas that resonate with our theme and promise to leave a lasting impact:

**Community Support Circles**: Create safe spaces for women to share experiences, offer mutual support, and exchange knowledge on personal and professional growth.

Career Pathway Workshops: Organize sessions focused on resume building, job search strategies, and interview preparation tailored for women looking to enter or re-enter the workforce.

**Financial Literacy Programs:** Empower women by offering workshops on budget management, savings, investments, and navigating financial systems.

Health and Wellness Campaigns: Initiate campaigns or workshops focused on physical and mental well-being, including stress management, nutrition, and exercise, tailored specifically for women.

**Leadership and Entrepreneurship Bootcamps:** Encourage women to take the lead by providing them with the tools, knowledge, and confidence to start their own businesses or take on leadership roles.

As we embark on these projects, let's remember that our collective efforts can illuminate the path to empowerment for women in our district and beyond. I look forward to witnessing the remarkable initiatives you will lead.

#### RACHANA MALPANI

Centennial District Chairman ( Dist. 313 )

#### MESSAGE FROM DISTRICT EDITOR





## My Dear Inner Wheel friend Happy Women's Day and Happy Holi!

May the vibrant colors bring abundant happiness and joy, filling your life with beauty and warmth!

Congratulations to IWC Khopoli and IWC Panvel City for organizing the splendid event "District Conference Jiya," meticulously planned by DC Rachana Malpani. It was my pleasure to unveil the District e-Souvenir Divya, alongside AP Preeti Gugnani. Thank you immensely for the overwhelming appreciation notes. D313 hosted the 2nd AC meeting at Imagica under the able leadership of DC Rachana Malpani was a wonderful experience.

As women, we uplift each other; we are each other's strength. The association has chosen "Women Empowerment" as the theme for March. Let's plan impactful projects to enhance the lives of less fortunate women, empowering them to lead better lives.

Women Empowering Women, Inner Wheel for Community.

Best regards, Netra Bhakkad District Editor 23-24





# **OCV - DC VISIT**



**IWC AURANGABAD** 



**IWC AURANGABAD CENTRAL** 



**IWC AURANGABAD LOTUS** 



**IWC SHEGAON** 



**IWC PAITHAN** 



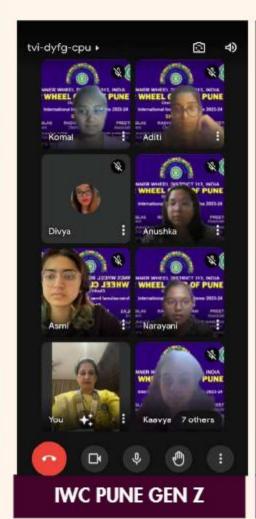
# **OCV - DC VISIT**

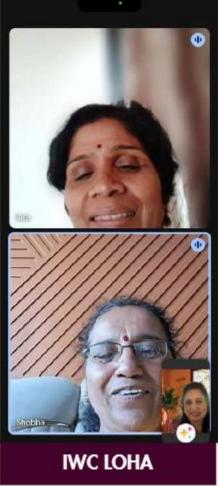


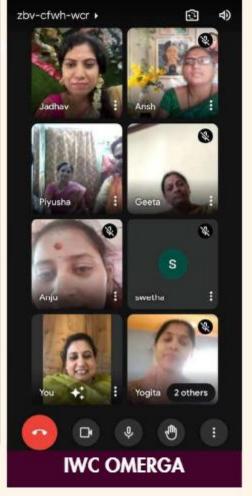
**IWC PUNE UPTOWN** 

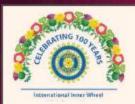


**IWC PUNE MIDTOWN** 









# DISTRICT WEBINAR POSTURE FOR PROSPERITY

The Inner Wheel District 313 recently organized an enriching session titled "Posture to Prosperity," hosted with finesse by the Inner Wheel Club of Pune Platinum. Under the adept leadership of President Snehal and Secretary Priti, and their diligent Executive Committee, the event was illuminated with valuable insights and made memorable through the informative discourse of Rakhiji.

DC Rachana Malpani extended a warm welcome to the speaker of the event, Rakhi Gugle, and all attendees, commencing the session by congratulating the Inner Wheel Club of Pune Platinum for organizing such a thoughtful webinar. President Snehal Choradia introduced the speaker, Rakhi Gugle, who expertly elucidated the topic, providing insights and tips on improving posture for better health.

Vice Chairman Shobhana presented the vote of thanks, acknowledging the active participation of all Executive Committee members, Past District

Chairpersons, and club members. Your unvavering dedication and enthusiasm significantly bolster our collective journey and impact within the district.







# DISTRICT WEBINAR HARMONY FOR HEALTH

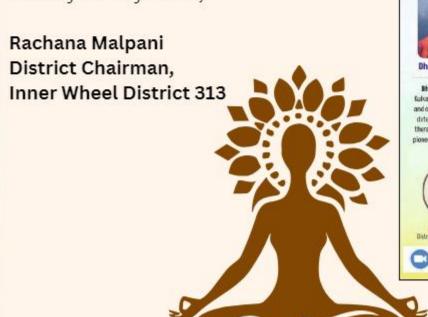
The Inner Wheel District 313 organized a wonderful online "Harmony for Health Music Therapy" session, smoothly led by President Seema Purohit of the IWC Karad. Her strong leadership and the hard work of the Karad Inner Wheel Club played a big part in making this event a success.

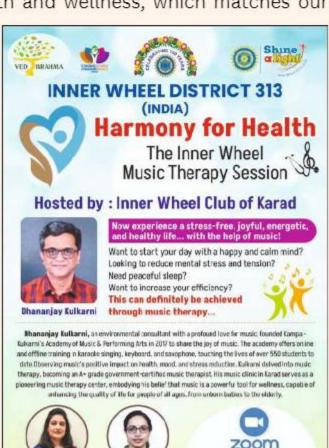
DC Rachana Malpani warmly welcomed the special speaker, Mr. Dhanjay Kulkarni, and all the attendees, starting the session with a big thank you to the Inner Wheel Club of Karad for setting up such a meaningful online event. President Seema Purohit nicely introduced Mr. Dhanjay Kulkarni, who then gave a detailed talk on music therapy, sharing his knowledge and important information. His dedication to offering free classes during Music Therapy Month shows his strong support for mental health and wellness, which matches our

centennial year's theme, "Shine A Light."

District Secretary Dr. Asha Deshpande thanked everyone involved, especially the Executive Committee members, past District Chairpersons, and club members, for their hard work and passion. This greatly strengthens our group's efforts and influence in the district.

Thank you very much,



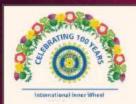


http://surl.li/gybbu

Tuesday, 5th March 2024 Time: 11 am to 12.30 pm

Passcode: 1

zoom



# DISTRICT WEBINAR WHISK AND LEARN

The Inner Wheel District 313 put together an amazing online "Whisk and Learn Baking" workshop, led by District Editor Netra Bhakkad and President Shikha Goyal of IWC Jalna Horizon. Their great leadership and the hard work of the Jalna Horizon Inner Wheel Club were key to the event's success.

DC Rachana Malpani warmly greeted everyone, including the special guest, Chef Neeraj Jain, and started the event by praising the Inner Wheel Club of Jalna Horizon for creating such a fantastic online class. President Shikha Goyal introduced Chef Neeraj Jain, the head of Nirali Cookery Institute. Neeraj, who has won notable awards and set records in the India Book of Records and Asia Book of Records, taught how to make 9 cakes and cookies in just 2.5 hours, sharing special baking tips.

District Editor Netra Bhakkad gave a thank-you speech, appreciating the involvement of all the Executive Committee members, past District Chairpersons, and club members. Their constant hard work and passion greatly strengthen our efforts and role in the district.

With warm regards,

Rachana Malpani District Chairman, Inner Wheel District 313





# DISTRICT WEBINAR SPOKEN ENGLISH CLASS

We are pleased to announce the commencement of our **Spoken English classes in District 313**, which successfully began with **64 members** enrolling. The program was inaugurated by our District Chairman, Rachana Malpani, whose inspiring opening remarks set the tone for our journey towards excellence.

This initiative, spearheaded by President Niyamat and Secretary Daljeet of the Inner Wheel Club of Poona Downtown, demonstrates our unwavering commitment to excellence and is supported wholeheartedly by the Poona Downtown team.

We extend our heartfelt gratitude to our dedicated instructors: Veena Singh, PDC Nandita Nabar, Hansa Siddiqui, Nilima Gogate, Sunita Lobo, Rohini Mahindra, Urmila Abhyankar, Deepika Chadda, and Priti Gupta. Their expertise in developing the curriculum and managing the classes, which are scheduled to run from March 18th for three months, deserves our admiration.

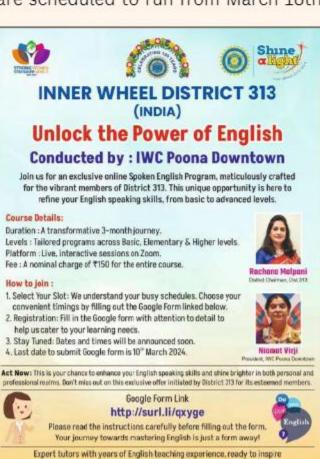
The meticulous effort to tailor the syllabus to our members' needs and the diligent execution of the classes reaffirm our dedication to enhancing the English language proficiency within the Inner Wheel community.

We congratulate all participants and wish them immense success in the upcoming months. Your steadfast dedication and support significantly contribute to the strength and success of our collective endeavors.

With warm regards,

Rachana Malpani District Chairman, Inner Wheel District 313





and transform your linguistic journey

# Iscornational Inner Wheel

#### "ONE MEMBER ONE PROJECT"

Celebrating Success: Over 1,000 Projects Completed in the "One Member One Project" Initiative Led by Centenary District Chairman Rachana Malpani

We are thrilled to announce that under the visionary leadership of our Centenary District Chairman Rachana Malpani, the "One Member One Project" campaign has seen remarkable success. DC Rachana Malpani's initiative has mobilized members across District 313, resulting in over 1,050 completed projects, showcasing our collective commitment to impactful community service.

#### One Member One Project

Start Date: 21/02/2024 to 21/03/2024

In just one month, our members have undertaken a diverse range of thoughtful projects, focusing on women's empowerment, medical aid, nation enrichment, empowering girls, and shine a light on critical societal issues. This massive achievement, especially during our Centennial year, highlights the dedication of our members to making a significant societal impact.

We extend our heartfelt congratulations to Centenary Club Presidents for spearheading this initiative and inspiring our members to actively participate and document their efforts, thereby contributing to the legacy of District 313. In recognition of these endeavors, online certificates have been issued, with over a thousand certificates already shared on our social media platforms.

This monumental achievement not only honors our Centennial year but also sets a new standard for our collective efforts in community service. We look forward to seeing even more projects come to fruition by the 30th of May, continuing our tradition of excellence and service.

# Incornational lines Wheel

#### WOMEN'S DAY CELEBRATION

#### BY IWC KHADKI AND IWC PUNE CENTRAL

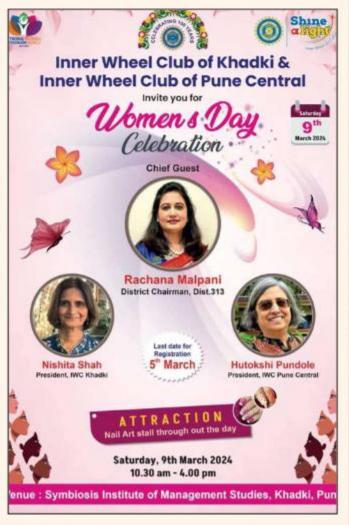
We are delighted to express our profound gratitude to the **Inner Wheel Clubs of Khadki and Pune Central** for orchestrating a magnificent celebration of Women's Day. The event stood out as a testament to the meticulous planning and collective efforts of both clubs, culminating in a resounding success.

The innovative vegetable and fruit cuttings were a unique attraction, greatly admired by all attendees. The session with Rajni Ji, the pioneering lady detective, was not just inspiring but also highlighted the incredible strength and capabilities of women. Furthermore, DC Rachana hosted the quiz and Bollywood Tambola activities were exceptional, infusing the event with joy and entertainment.

We want to acknowledge the dedication and hard work that went into organizing such a memorable event. It was heartening to see both clubs unite with great enthusiasm and splendor to commemorate this important day, creating a festive atmosphere that truly embodied the Inner Wheel spirit.

The presence of esteemed members such as DC Rachana Malpani, PIIWR Charuji, PDC Manjuji, PDC Nandita ji, PDC Dinaz ma'am, and District Secretary Asha ji added a layer of inspiration to the day.

A special mention goes to the presidents and members of zone two clubs, whose participation and support played a crucial role in the event's success. We are particularly grateful to Jyoti ji, the president of the Tembhurni club, for her valued presence























IWC SATARA CAMP CONDUCTED SEMINAR ON MENTAL AND PHYSICAL HEALTH FOR 180 LADY POLICE.





IWC BANER HILLS CONDUCTED FULL TAILORING CLASS WORTH RS 4000/-FOR LESS FORTUNATE WOMEN



IWC AHMEDNAGAR CONDUCTED MASALA MAKING WORKSHOP FOR 5 UNDERPRIVILEGED LADIES



IWC SOLAPUR DONATED RS 5000/- TO LESS FORTUNATE LADY TO OPEN HER BEAUTY **PARLOUR** 



IWC AMBAJOGAI ORGANISED SPIRITUAL LECTURE FOR 350 LADIES



IWC PUNE PLATINUM DONATED ESSENTIALS ITEMS WORTH RS 15000/- TO START NEW **BUSINESS TO NEEDY LADY** 



IWC KARAD ORGANISED LECTURE OF **BEAUTY TIPS** 



IWC AHMEDNAGAR VENUS DONATED COMPLETE SET OF PARLOUR EQUIPMENTS AND BEAUTY PARLOUR COURSE TO 11NEEDY GIRLS WORTH RS 1,50,000/-



IWC AHMEDPUR DONATED 6 SEWING MACHINE WORTH RS 39,600/- TO NEEDY WOMEN





IWC AREA 24 LATUR TAUGHT HOW TO MAKE NAPKIN BOUGUET TO ORPHAN WOMEN TO BRING FINANCIAL SUSTAINABILITY



IWC PIMPRI ORGNISED TAILORING DIPLOMA COURSE OF 2 MONTHS WORTH RS 31,500/-



IWC PANCHAGNI DONATED SEWING MACHINE AND KIT TO SATARA CENTRAL JAIL WORTH RS 10,700/-









IWC KHADKI CONDUCTED " DOOR MATS MAKING WORK SHOP FROM OLD CLOTHES" FOR PHYSICALLY CHALLENGED WOMEN, TO MAKE THEM INDEPENDENT



IWC BARSHI DONATED RS 6000/- FOR MEDICAL TREATMENT TO NEEDY WOMAN.



IWC MANCHAR CONDUCTED NAUWAR SAREE STITCHING 5 DAYS COURSE FOR LESS FORTUNATE WOMEN TO MAKE THEM INDEPENDENT



IWC NANDED ORGANISED 3 MONTHS FREE STITCHING CLASS FOR NEEDY WOMEN



IWC SOLAPUR STARLET ORGNISED MEGA VOCATIONAL TRAINING WORKSHOP OF AGARBATTI, FNYLE, SOFT TOYS ETC FOR BHAGWAN COMMUNITY.



IWC PUNE RIVER RHYTHM CONDUCTED STITCHING TRAINING SESSION WORTH RS 37,500/- TO 5 NEEDY WOMEN





CIT COURSE WORTH RS 22,000/-



IWC BEED ORGANISED FREE CHECK UP CAMP FOR PREGNANT LADIES

IWC SHRIRAMPUR DONATED OLD SAREES WORTH RS 6250/- TO NEEDY WOMAN TO MAKE CLOTHS BAGS







IWC BHOR DONATED SEWING MACHINE WORTH RS 6000/-

MC KHADKI CONDUCTED 2 MONTHS HOME CHEF COURSE FOR 21 WOMEN WORTH RS 1,79,550/-



IWC AURANGABAD FELICITATED FEMALE REPORTERS



IWC SANGAMNER CONDUCTED STITCHING CLASSES FOR 42 GIRLS WORTH RS, 2,10,000/-



IWC NARAYANGOAN CONDUCTED 3 MONTHS BEAUTY PARLOUR COURSE WORTH RS 90,000/-





IWC JALNA CENTRAL CONDUCTED TAILORING CLASS FOR 15 WOMEN WORTH RS 9000/-



IWC PUNE IMPERIAL CONDUCTED STITCHING TRAINING WORTH RS 28,000/- FOR 21 WOMEN





IWC TEMBHURNI ARRANGED HEALTH **CHECKUP CAMP FOR 47 LADIES** WORTH RS 7500/-



IWC KHOPOLI ORGANISED BASIC BAKE WORKSHOP WORTH RS 2500/-



IWC PUNE RIVERSIDE DONATED ESSENTIALS ITEMS TO NEEDY GIRL FOR MARRIAGE WORTH RS 36,000/-







IWC SHRIRAMPUR CONDUCTED CANCER CHECK UP CAMP FOR LADIES, 63 SCREENING WERE DONE WORTH RS 84,000/-



IWC TALEGOAN DABHADE ARRANGED **EXHIBITION FOR LADIES TO PROMOTE** THEIR BUSINESS WORTH RS 15,000/-RTH RS 3500/-



IWC PUNE UPTOWN SPONSORED STALLS OF BACHAT GAT AND BHATKYA VIMUKTA JAMATI WORTH RS 4000/-



IWC PUNE ORGANISED STITCHING TRAINING FOR RURAL WOMEN WORTH RS 5000/-





IWC JAINA HORIZON DONATED FLOUR MACHINE WORTH RS 16,500/- TO NEEDY LADY











IWC MALKAPUR SUNRISE CONDUCTED HEALTH CHECKUP CAMP FOR 100 PEOPLE





IWC PATAN CONDUCTED ZUMBA SESSION FOR WOMEN



IWC PEN CONDUCTED DIFFERENT COMPETITIONS FOR WOMEN



IWC LATUR CONDUCTED MULTIPLE WORKSHOPS FOR DIFFERENTLY ABLED WOMEN WORTH RS 80,000/-



IWC PANDHARPUR ORGANISED DANCE COMPETITION AND SPENT 10,000/-



IWC MANGALWEDHA ORGNISED BLOUSE STITCHING CLASS WORTH RS 14,000/-



IWC KURUDWADI FELICITATED TEACHERS ON WOMEN'S DAY





IWC KALAMB ORGANISED
WALKTHON AND SPENT RS 12,000/-



IWC SANGOLA CONDUCTED CAKE BAKING CLASS.





IWC NEW PANVEL ORGANISED WOMEN RALLY WORTH RS 1,30,000/-



IWC PUNE DEFFODILS CONDUCTED SEMINAR ON AWARENESS OF CERVICAL CANCER





IWC TEMBHURNI ARRANGED COOKING COMPETITION



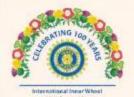
IWC LONAND CONDUCTED LECTURE ON GOOD TOUCH BAD TOUCH







IWC GALAXY NEW PANVEL ORGANISED WOMEN WALKTHON
ALONG WITH HEALTH CHECKUP AND BLOOD DONATION



# **IILM SHIKSHA**



IWC TEMBHURNI -52,000/-







IWC PUNE RIVER RHYTHM DONATED EDUCATIONAL MATERIAL WORTH RS 10,000/- TO ANGANWADI



IWC PUNE PLATINUM -2,11,030/-



IWC LONAND -1,03,000/-



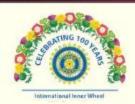
IWC SANGAMNER -1,05,900/-



IWC AKLUJ DONATED SCHOOL MATERIAL WORTH RS 10,000/-



IWC PEN -55,000/-



# **IMPACTFUL PROJECTS**



IWC SATARA CONDUCTED FOLK DANCE COMPETITION WORTH RS 1,25,000/-



IWC NIGDI PRIDE DONATED DUSTBINS TO SCHOOL WORTH RS 9950/-



IWC PANDHARPUR PEARLS PAINTED WALL OF OLD AGE HOME WORTH RS 21,842/-



IWC PAITHAN DONATED SANITARY PADS WORTH RS 2000/-



IWC PUNE MIDTOWN FELCITATED TEACHERS NBA AWARD BY TROPHIES AND CERTIFICATES WORTH RS 2500/-



IWC PANVEL DONATED GROCERIES AND OLD CLOTHES WORTH RS 21,000/- TO ORPHANAGE



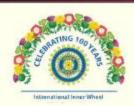
IWC POONA NORTH CONDUCTED BLOOD GROUP CHECK UP CAMP IN 2 ZP SCHOOLS WORTH RS 7000/-00/-



IWC PUNE QUEENS DONATED 5000/-FOR BATH STAND AT ORPHANAGE.



IWC MAHABLESHWAR TAUGHT DEEP MEANING OF MANACHE SHLOK TO STUDENTS



# **IMPACTFUL PROJECTS**



IWC SATARA CAMP MADE LIFE EASY BY PROVIDING WATER TO VILLAGERS BY SOLAR PANEL SUPPORTED BY MOTOR TO COLLECT & DISTRIBUTE WATER, SPENT 50,000/-



IWC PUNE GEN Z DONATED RS 2000/-TO DIFFERENTLY ABLED CHILDREN





IWC PIMPLE SAUDAGAR DONATED WHEELCHAIR WORTH RS 7030/-RNI - 52,000/-



IWC AURANGABAD LOTUS DONATED MEDICAL EQUIPMENTS TO OLD AGE HOME WORTH RS 8082/-



IWC SOLAPUR HARMONY DONATED ESSENTIALS ITEMS WORTH RS 10,000/- TO NEEDY FARMER FOR HIS DAUGHTER'S WEDDING



INC PANVEL CITY PAID DENTAL TREATMENT FEES OF 3 PEOPLE RS 11,900/-



IWC PUNE CENTRAL & IWC POONA DOWNTOWN DONATED BUNK BEDS WORTH RS 1,00,000/-TO ORPHANAGE



IWC JALNA ORGANISED HUMAN ORGAN'S RANGOLI COMPETITION



IWC UDGIR ARRANGED HPV CERVAVAC VACCINE CAMP FOR 45 GIRLS WORTH RS 1,25,000/-



# MOMENTS OF JOY HOLI CELEBRATION



**IWC NANDED** 



**IWC LONAND** 



**IWC AHMEDPUR** 



**IWC MALKAPUR SUNRISE** 



**IWC PUNE** 



**IWC BEED** 



**IWC TALEGOAN DABHADE** 



**IWC PUNE RIVERSIDE** 



**IWC JALNA HORIZON** 



# **MOMENTS OF JOY HOLI CELEBRATION**





**IWC PIMPRI** 



**IWC KARAD SANGAM** 



IWC SOLAPUR HARMONY



**IWC PUNE WINGS** 





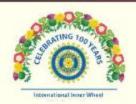
**IWC POONA NORTH** 



**IWC SHRIRAMPUR** 



**IWC PEN** 



# **IW BRANDING**



**IWC PUNE PLATINUM** 



IWC PUNE CENTRAL DONATED BAGS WORTH RS 12,390/-



IWC KARAD





IWC SATARA CAMP



IWC SATARA CAMP



IWC PUNE PLATINUM



**IWC PUNE PLATINUM** 



# BREAKING . NEWS





ठातुरात 'सामर्थ्य २०२४' मराठवाडा दिल्यांग महिला अधिवेशनाचे आयोजन

विविध मान्यवरांची व तसाची उपस्थीती

0

#### स्त्री शक्ती ही राष्ट्राची शक्ती व्हावी:प्रा.सी.संगीता देशमुख

#### मंचरमध्ये निर्माल्यापासून अगरवत्तीचा उपक्रम

# 'पल्स पोलिओ'च्या जनजागृतीसाठी फेरी

जापल के सीज सहयोद्धी टाइम्स

वर्षाताई भुमरे यांच्या हस्ते

शिवकालीन युद्धकला स्वसंरक्षण प्रशिक्षण शिबिराचे उद्घाटन

अंबाजोगाई शहरात उपक्रमः दीहत्रो दवाकीस्वारांनीही चेतता सहा

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#### 'इनरव्हील'च्या वतीने वॉकेथॉन स्पर्धेला प्रतिसाद

क्षेत्र प्रतिकृतिक क्ष्मानी पुरुष्य प्रकृत १० व व्यक्तित क्षात्रिक प्रकृति पृत्रिक क्षात्रिक क्षात्रिक प्रकृति व व्यक्तित क्षात्रिक प्रकृति क व्यक्तित व्यक्तित क्षात्रक प्रकृति क्षात्रिक व्यक्तित क्षात्रक प्रकृति क्षात्रक व्यक्तित क्षात्रक क्षात्रक व्यक्तित प्रकृति क्षात्रक क्षात्रक क्षात्रक क्षात्रक क्षात्रक क्षात्रक व्यक्तित क्षात्रक क्षात्रक क्षात्रक व्यक्तित व्यक्ति क्षात्रक क्षात्रक क्षात्रक व्यक्तित व्यक्ति क्षात्रक क्षात्रक क्षात्रक व्यक्तित व्यक्ति क्षात्रक क्षात्रक

करता, इंग्रांकर उसके, सार उपन, उंदार नहींगा, राजनाता पुरांक, साह, पिरोंग मेंग, प्रोता संदर्भत पाने बर्डाट, साहर मेंगे, सामार्थ उसके उसके हा नेपूर्व उसकी बंगाय सही। विश्ववेत बनावे, देखा, पूर्ण्य उनके स्वतित्व प्रात्मार्थ प्राप्त असे



नारायणगाव येथे ओपन वाचनालय सुरू

इनर व्हील क्लब संस्थेच्या वतीने नारायणगाव येथे शालेय साहित्याचे वाटप

तार्थ अवस्थान व्यक्ता प्रती अवस्थानिक व्यक्ति प्रतिक प्रती क्रिक्टा, केर्नुत पार्थ, ज्यात व्यक्त, प्रश्नी अवस्थ, केन्नुत व्यक्ति, क्रिक्टा वृद्धे, क्ष्मेंच केंद्रव व्यक्ति, क्रिक्टा वृद्धे, क्ष्मेंच केंद्रव वृद्धेत प्रताम, क्ष्मांच केंद्र

तिर कहा के ता वहनात है। वहन कहा के ता दूर तर्व तर्व उद्धे कहा के हुए तर्वात केवल उद्धे कर केवल उद्धे के त्यार के त्यार अर्थका क्यार हुए अर्थ तर्व उद्धावन होंगे.

टका सन्। मा

तेलगाव गेचील ट्रामा के अर सेंटर गेचे इनस्स्तील कराव बीड व ट्रामा के अर सेंटरच्या वतीले गरोदर माताची व महिलांची मोचल

बालर तासुक्यातील हेतगाव वेशील द्वागा केशद शेंटर येथे इनस्स्क्रील कराब ब्रोड व हामा केशर संदरका क्राफेंग गरोडर सामायी व महिलांची शोकत रक तथाकारी शिविर आयोजित केले होने तथाक्षेणी या कर्वडका मात्री आयक्ष स्थान कर्वडका मात्री आयक्ष सर्वान कर्वडी हुंदर पूथा कासद मान्त्री आयक्ष सुरेका नोड तरहरा वेकाली नहार सराये कर्वडी क्राइग्य धुगाक डॉ. अजोजी वांत्रकर में सुकीम ससुरे स्त्री तो गाट योज आदी व्याधिकती दर्भवारी द गावातील सहिता सोहज प्रमाणात व्यक्थित होत्या

करणेल्या संस्थितिक विकास प्रवेश स्थानिक विकास प्रवेश स्थानिक वर्ष ज्वल होते.

क्त तपासकी शिविर

शिक्रजी गाउँ पैठम प्रशिविधी:पैठम चेवे गळवार दिसंब २७ फेब्रुवारी रोजी जो वर्षांताई विलासकार पुरारे यांच्या तस्ते जियकातीन पुद्धकता स्वतंत्रस्य प्रतिसम् जिक्तियने

उद्घाटर पार पक्षते. विश्वमेच महिला आपाई पैत्रन व इसलीत क्तब देवप शंध्या संदुत्त विद्यमाने महिला दिनाचे औषित्व साधून पैराव वेथे महिला = मलीसाडी दश दिक्तीय शिवकातीन पुदुकता स्वकासम्बद्धाः विकास आधीवन बरम्बान आले आहे. मदरील प्रतिक्षण तिक्षित हे ३८ केबबारी से ८ मार्च पर्यंत रोज सार्थकाठी चार ने सहा वा वेद्रोत नाथ मंदिर, भोजनातथ समाग्रह, पीता सरितकांत केथे मुस राष्ट्रणह असत्याची माहिती अत्योजक पुण्य राज्याचे, चैत्राली प्रदेशी व बोली पड़ाडे बांगी दिली.

यतः सहिता आणि मंती पंच्यासाठी आयोजित केलेल्या य प्रशिक्षण विभिन्नसारी प्रशिक्षक मानून क्रांतियीर फिल्मियी जिल् गर्दानी आखाडा कोस्डापुरचे कराट प्रशेट पार्टाल, सारिका पारील व विकिता पारील हे प्रशिक्षक असमाप्र आहेत. एक देशतीय स्थमस्त्रण उतिस्त्र विकित्स्वार्थं प्रक पाना अपने

पेतम शहर व जानुक्वातील ५२ वहिता व बुतीनी सहभाग पेतना आहे.शिवसंश महिला आधाडी व इकार्याल करूब चैत्रप्रयाज्यीने आपंत्रीतत का जिनकातीत ब्रह्मान स्थानिक प्रतिसम विकिएमुळे पैठण तालुक्यात प्रथमय महिला व मुलीना अनीको абами Баони энечация से वर्धार्थ विकासका पूर्व वांनी वा लाक्रमाचे क्रीतक केले.प्रशिक्षण विश्वितकाडी लला क्षण्ड ,अलबर पर्वे ,अर्थक लोखंडे या परिचय पेत आप विविद उद्घाटन बेळी सुनिश बरहरे, स्वारी पार्टाल, आवेच्या चौचरी, पारती मिट्डर, प्रियंका मानवर्ग, नेता शेराके, रेणुका बलको, रापी शतकर ,पत पारीक, पुरम राष्ट्र, बबीता वापमोदे, अलका पेटे, पुत्रव कोळपकर, बंदा कारे, प्रोमा मध्यते, अलब्द शासीबे, करणना सर्वे, रेशुका मुख्यके, विद्वा आंधारे, बेशाली मारुवे पत्नवी पाकल, ज्योगी एकडे. बर्राती गावाचे क महिला उपस्थित

प्रतिकार सुरूक असूर आसामाँ।

ात **घरफोडी** जिल्हाम जातरे नांगान,विश्यागाई, निर्वेड साथे रेनिक जय@बाबा

बेलापूर परिसरातील बचत गटांना सर्वोतोपरी सहकार्य करणारः सौ.विखे

इनरव्हिलाच्यावतीने मोफत कर्करोग तपासणी





तळेगाव दामाडे (स्टेशन) : विद्यार्थिनीची नेत्रतपासमी करताना डॉ. वादोकर

#### इनरव्हील क्लबतर्फे विद्यार्थिनींची नेत्रतपासणी

तळेगाव दाघाडे (स्टेजन), ता. २८ : तलेगान दाभाडे कन्ना शाला ब्रमांक ४ येथे इसर्व्होत क्लब्तों विद्यार्थिनींची मोपत नेत्रतपासणी करण्यात आली. शिविराचे आयोजन क्लबच्या अध्यक्षा संध्या धोरात आणि डॉ. वर्षा वाडोबर यांच्या माध्यमातून करण्यात आले होते. नेवतन्त्र हॉ. ग्रंजामी वादोकर यांनी आणि पतन हॉस्पिटल सोमाटणे वांच्या सहका-वांनी १०० विद्यार्थिनीची नेत्र तपासणी केरों. या वेळी डॉ. कोमल सरोदे, वर्ष वापमारे, बर्लावत कीर लहा, अस्विनी मीरे, निशा पवार यांचे सहकार्य लागले.

Pure, PCMG-Today 29/02/2024 Page No

#### महिला दिनानिमित्त इनरव्हील क्लब ऑफ सातारा कॅम्पतर्फे रविवारी आनंदोत्सव कार्यक्रमाचे आयोजन

→ सरसार, १८ १.

प्राथमिक उत्पक्ष अरूप सारायः
स्थापनार्थित रहे । वर्ष प्राप्त स्थापनार्थित स्यापनार्थित स्थापनार्थित स्थापनार्य स्थापनार्थित स्थापनार्थित स्थापनार्थित स्थापनार्य स्थापनार्य स्थापनार्य









#### SPOTLIGHT OF ASSOCIATION **PROJECTS**





District Number -313

Project Name - Help for Opening a Parlar to become self sufficient

Club name- IWC Solapur... See more



#### **IWC SOLAPUR**



2) Project Name Invest in Women:Accelerate Progress

3) Club Name : Inner Wheel Club of Manchar 4) Project Goal: Empowering women through their skill development

5) Date: 1-5th march... See



**IWC MANCHAR** 



#### Sonal Bansal

Just now . @

2- District no.-313

3-Project Name- Training of Bakery & Culinary Art

4- Club Name : Inner wheel club Pimpri

5-Project Goal- Provided Training to Layyed -Off Employees from the small firms of the Industrial area that were closed due to financial crisis so that they can earn income from this tra... See more



#### **IWC PIMPRI**



Sonal Bansal 6m - 19

\*District Number\*: 313

\*Project Name\*- Enrolment of Women for MS-CIT

\*Club name\*- INNER WHEEL CLUB OF PANVEL INDUSTRIAL TOWN... See more





Sonal Bansal

3m - 0

District number- 313

Project Name- \*Ray of hope for Victims of Domestic violence, orphan single woman\*



**IWC AREA24 LATUR** 



Sonal Bansal

District Number: 313

Project Name: Sweaving Machine workshop

Club name: IWC SANGAMNER

Project Goal:Girl Power/ Empower girl enrich

nation

Date: 25th Aug 2023 Project details:... See more



**IWC SANGAMNER** 



# SPOTLIGHT OF ASSOCIATION PROJECTS





#### Sonal Bansal

5h 👄

\*DISTRICT NUMBER\*: \*313\*

\*PROJECT NAME\*:...

\*Healthy Mind Healthy Body For Our Police Women\*... See more



**IWC SATARA CAMP** 



#### Sonal Bansa

J 5h €

District Number-313 Project Name - Rising Strong, women empowerment

Club name-IWC Borsi

Project Details- Assisted a financially struggling widow with four daughters who couldn't afford the fees for medical tests, crucial for detec... See more



**IWC BARSHI** 



#### Sonal Bansal

8m - @

\*District Number: 313\*

\*Project Name\* - TRAILBLAZER Women Empowerment

\*Club Name\* INNER WHEEL CLUB OF Ahmedpur... See more



#### **IWC AHMEDPUR**



#### Sonal Bansal

44m · 🗇

District Number - 313

Project Name - \*\*Skill Development\*\*
Club name - Inner Wheel Club of Panvel City
Project Goals - Strong Women Stronger World
(Vocational Training)

Project details with date & venue - Inne... See more



You and 3 others

1 comment

**IWC PANVEL CITY** 



#### Sonal Bansal

- District Number-313
- Project Name-Donation of Aata Chakki
- Club name-innerwheel club of jalna horizon
- Projec goal-Rising Strong
- Project date 22 12 2023
- Project venue-Shikha Goyal's Residence
- Project Discription- We donated a fl... See more



IWC JALNA HORIZON



#### Sonal Bansal

Jast now @

Dist. : 313
 Project Name : Empower Girl Enrich Nation

"Tailoring Class for Girls & Women"

Club Name : Inner wheel club of Jaina

Central

4) Project Goal : Girls and Women should

start earning their own income.... See more



IWC JALNA CENTRAL



## SPOTLIGHT OF ASSOCIATION **PROJECTS**





Association of Inner Wheel Cl...

Sonal Bansal - Th - @

District Number- 313

Project Name- Maval Shree Women Wrestling Sports Competition... See more





IWC TALEGOAN DABHADE



Sonal Bansal

14m ⋅ ⊖

District Number- 313

Project Name- Health Checkup and Health Talks with House Maids

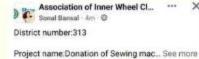
Club name-Inner Wheel Club of Talegaon Dabhade

Project Goal - Health and Sanitation - Health checkup... See more



IWC TALEGOAN DABHADE







**IWC PANCHAGNI** 



Association of Inner Wheel Cl...

Sonal Bansal - 2m - 🖰

\*District Number: 313\*

One member One Project-22... See more



**IWC KHOPOLI** 



Sonal Bansal

17m · @

\*District Number: 313\*

One member One Project-17 Name\* - Women empowerment

\*Club Name\* Inner Wheel Club of Khopoli... See more



IWC KHOPOLI



District Number\* - 313

\*\*Project Name\* - "SAMARTHYA 2024"

TRAILBLAZER

RISING STRONG & " ... See more



**IWC LATUR** 



# SPOTLIGHT OF ASSOCIATION





#### Association of Inner Wheel Cl... Sonal Bansal 12h

\*One member One Project Name\* - Feli... See more

\*District Number: 313\*

International inner Whoe

District Number- 313 Project Name - Mava: Street Women Wrestling Sports Competition Club name-timer Wheel Club of Talegaon Dabhace

Project Goal-Youth Development Programs-Sports Competition

Project Data is: A very well-planned and executed project was conducted on 29th October 2023, by IWC Talegaon Bathade President Sandhya Thorat. Mayal Shree Women Wrestling Sports

Competition \* was organized for the young girls from Mavail Taluka. Around 50 contestants took

port in this wrestling computation.

Showcasing Women's Empowerment, and the sporting spirit, was remarkable at the event. Every moment was enjoyable and exciting. The matches were played in different categories as per the weights. Sanam Shalkh was the winner of the competition and got the award of "Mavai Shree Women Wrestler". The program was honoured by the presence of our District Chairman Ranchana Malpani ma'am. She also enjoyed the event and gove away the winning troophy to the winner. The event was organised at Salbaba Wheatling Complex, Shirgaon, Tal. Maval. Expenses-Rc. 54,300/-Beneficiaries 50

> IWC TALEGOAN DABHADE





District Number- 313 Project Name-Health Checkup and Health Talks with House Maide

Club name-Inner Wheel Club of Talegaon Dabhade Project Goal - Health and Sanitation - Health опескир

Project Details: On 2nd March 2024, inner Wheel Glub of Talegoon Dobhade had arranged a health checkup camp for house maids. This project was conducted in Leelavati Greens Housing Society of Talegaon Dabhade, Around 60 housemaids participated in this project. Hygiene kits are sponsored by PCMC Radiologist Associated Rakisha committee Blood investigations were sponsored by Dr Deecs I

Bhandari-Zariwar of Vijaya Diagnostic centre. Lecture on Menatrual hygiene was given by Dr Depail Bhandari-Zariwar

Lecture on Breast cancer given by Dr Rani Bacohe Bonoficiarios-60



**IWC TALEGOAN** DABHADE



\* One member One Project Name\* - Rights and resposibility

\* Club Name\* - Inner wheel club of A., See more



IWC AURANGABAD LOTUS

Sonal Bansal

District Number -313

Top Contributor - 3m - ⊖

# IWC PUNE PLATINUM



#### Sonal Bansal

Top Contributor ⋅ 5π ⋅ Θ

District Number: 313

Project Name: Donation for Solar Heater Club Name: IWC of Pune Central Project Goal: To save children from cold

NGO'S are reliant on the support of philanthropic individuals and organizations.... See more







#### Sonal Bansal

43m · ❷

District Number 313 Project Name - Health checkup of women's

Club name- lwc Tembhurni

Project Goal - Health checkup camp

Date-10/03/2024

Project details- On the occasion of Women's Day, Club Treasurer Sangeeta Sapate condu... See more













# SPOTLIGHT OF ASSOCIATION **PROJECTS**





#### Sonal Bansal

Top Contributor - 21h - ⊖

\*District Number: 313\*

\*Club Name\* - IWC Solapur Harmony

\*Project goal\*- Fellowship and Health

\*Date:\* March 14th 2024... See more













#### IWC SOLAPUR HARMONY



#### Sonal Bansal

Top Contributor + 12m ⋅ ⊕

\*District Number: 313\*

\*One member One Project Name\* - Walkathon

\*Club Name\* Kallamb

\*Name Of Club Member\*- Conducted b... See more



O Sonal Bansal

1 comment

#### **IWC KALLAMB**



#### Sonal Bansal

Top Contributor + 7m · ⊕

\*District Number: 313\*

\*Project Name\* - TRAILBLAZER Women Empowerment

\*Club Name\* INNER WHEEL CLUB OF Ahmedpur...





#### **IWC AHMEDPUR**

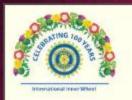


#### Association of Inner Wheel Cl... \*\*\* X

District Number\* - 313... See more



#### **IWC LATUR**







#### **ROHINI VAIDYA**

(2012-13)

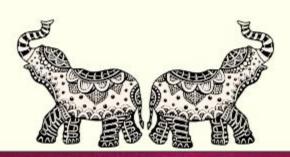
FRIENDSHIP, LEADERSHIP AND ENVIRONMENTAL ADVOCACY IN INNER WHEEL

IIW Theme: "Be A Friend"

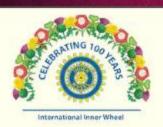
#### **District Executive Committee**

- District Chairman:Rohini Vaidya
- · AC Member: Usha Dhamne
- District Vice Chairman: Varsha Peety
- · District Secretary: Geeta Mamniya
- · District Treasurer: Raj nahar
- District ESO: Nagina Bohari
- · District ISO: Savithri Raghupathi
- · District Editor: Dinaz Tarapore
- Rohini Vaidya's story is one of remarkable dedication and service, a testament to the
  power of friendship and its profound impact on society. Born in Aurangabad but building
  her career in Pune, Rohini Vaidya's journey has been marked by a strong commitment to
  both her professional and Inner Wheel life. Her educational background includes a degree
  in Radio Electronics and she served as a supervisor in the Radio Assembly Department at
  Philips India Ltd., a renowned Dutch-based company. In addition to her professional
  career, Mrs. Vaidya has been the proprietress of Hotel Anand Van Bhuvan since 1978.
  Her diverse hobbies include reading, travelling, making friends and singing, illustrating her
  multifaceted personality.
- Rohini's entry into Inner Wheel in 1997 as member of Inner Wheel Club of Mahabaleshwar, marked the beginning of an inspiring journey. Her unwavering dedication and commitment to the organization led her to become the District Chairman of District 313 in 2012-2013.











## Projects done by clubs during tenure as D.C.

- During her tenure as District Chairman, Mrs. Rohini Vaidya embraced the IIW theme "Be a Friend," coinciding with Carole Young's presidency at IIW and Sarita Lunani as Association President. Rohini Vaidya's dedication extended beyond her own District. She actively participated in various events, including the Synergy Seminar in Mumbai in August 2012, where ideas were shared and friendships were strengthened. In her role as District Chairman, she also attended Association Events, including the
- Incoming Chairman's Institute in Bangalore and two AC Meetings in Mumbai and Lucknow.
- In the international arena, Mrs. Vaidya attended the 13th Triennial Conference in Hyderabad, a global event that brought together Inner Wheel members from around the world.
- Mrs. Vaidya's leadership also included overseeing a District comprised of three zones, with a total of 65 clubs and 2,021 members, reflecting the significant reach of Inner Wheel within District 313.
- One of her remarkable achievements was her signature project, focusing on "Eradication of Pollution and Environment Protection." This project was a testament to Inner Wheel's commitment to addressing environmental concerns. Additionally, Sanitary Napkin Disposal Machines were installed at St. Cripsins Home on Karve Road and at Yerawada Mahila Jail in Pune. Rohini Vaidya, along with Inner Wheel members, also raised her voice against a horrifying gang rape case in Delhi, urging quick and stringent action against the culprits. Other initiatives included providing Toilet Blocks at schools and empowering jobless women through stitching classes.
- Reflecting on her experience as District Chairman, Rohini Vaidya expressed immense satisfaction in serving this prestigious women's organization. She highlighted the importance of friendship, service and the growth of the organization. She praised the coordinated efforts of her team, which resulted in a maximum number of proposals from District 313 being passed at the Triennial. Her experience was a continuous learning process and she expressed gratitude for the unwavering support of her Inner Wheel friends.

Looking to the future of Inner Wheel, Rohini Vaidya shared valuable insights. She emphasized the importance of promoting friendship and service, the core objectives of the organization. Expanding the friend circle, involving the younger generation and promoting the Inner Wheel Organisation's name through branding were key components of her vision for Inner Wheel's future.













#### VARSHA SURENDRA PEETY

District Chairman ( 2013-2014 )
IIW Theme: "We For Women"

#### **District Executive Committee**

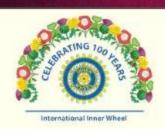
- District Chairman-Varsha Peety
- AC Member- Rohini Vaidya
- District Vice Chairman-Geeta Mamniya
- · District Secretary-Raj Nahar

- · District Treasurer-Dr Savithri Raghupathi
- District ESO-Nirmala Somani
- · District ISO-Dinaz Tarapore
- District Editor-Saylee Khandeshe
- In the annals of Inner Wheel history, Varsha Surendra Peety stands as a distinguished figure whose dedication and contributions have left an indelible mark. Varsha, armed with an impressive educational background encompassing M.Sc, MA in Hindi and expertise in Sitar, ventured into the Organic and Herbal Products business, a testament to her multifaceted capabilities..
- Her entry into the Inner Wheel Club of Jalna in 1993-94 marked the beginning of a transformative journey. Rising through the ranks, she assumed the esteemed position of District Chairman of District 313 in 2013-14, a pivotal moment where her leadership shone brightly.











## Projects done by clubs during tenure as D.C.

- During her tenure, the IIW theme "We For Women" epitomized her commitment to championing women's causes and empowerment. Collaborating with notable figures like IIW President Gabriella Adami and Association President Pushpa Suryamurthy, Varsha spearheaded numerous events that resonated with the ethos of unity and progress.
- Her calendar was adorned with significant gatherings, including the South Asia Assembly in Sri Lanka, the ICI at Bhusawal and the South Asia Rally in Mumbai. These events served as platforms for sharing ideas, fostering collaborations and strengthening bonds across borders.
- Varsha's tenure was marked by statistical achievements-forming a new club IWC Karad Sangam. The District had expanded to 10 zones, boasting 2323 members across 64 clubs. Her most impactful endeavour was the Cancer Detection Camps in Sangola, a signature project that underscored her commitment to public health and welfare.
- Reflecting on her experience as District Chairman, Varsha cherishes the joy of meeting members and clubs, witnessing first hand their kindness and unwavering dedication to societal betterment.

Her suggestions for the future of Inner Wheel echo a sentiment of continuity and adaptability, highlighting the importance of maintaining current standards while embracing timely updates. Varsha Peety's legacy within Inner Wheel remains an inspiring chapter - a testament to leadership, dedication and a profound commitment to service that continues to resonate within the organization.













# PDC Geeta Rajan Mamniya YEAR OF SERVING (2014 - 2015) 30th District Chairman

#### Personal Details

Birth Date: 06/02/1970

Address:

Vishwam,Plot No.11 287/1, Karanje, New Radhika Road, Behind Hotel Rajtara, Satara - 415001

Tel: 02162-233133, Mob: 9823369230Email: mamniyageeta@yahoo.co.in

#### **Educational Qualification:**

B.Com, CPEd(Physical Education Trainer), GD Art(Fine Arts), Breastfeeding Counsellor, (BPNI-Maharashtra)

Career: Artist, Breastfeeding Counsellor,

Motivator Speaker

#### Hobbies:

Painting and craft, Clay work, Swimming, Tracking

# Inner Wheel Information Posts held & Awards received at Club Level:

- Club ISO -1998 99, 2003-04, 2005-06
- · Secretary -2000-01, 2004-05, 2017-18,
- Vice President 2005-06
- President- 2006-07

#### Awards Received at District

- . Best ISO 3rd Prize
- · President Extra Ordinary President

#### Posts Held & Awards received at District Level

- District -Zonal Sub coordinator for Medical Projects-2007-08
- ISO-2008-09
- Editor-2009-10
- . ESO-2010-11
- Treasurer-2011-12
- Secretary-2012-13
- Vice Chairman -2013-14
- District Chairman -2014 -15
- Association Council Member-2015-2016

#### Prize received at Association level

· Consolation prize received for painting at Triennial Hyderabad

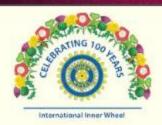
#### District Executive Committee of 2014-2015

- · Association Council Member Mrs. Varsha Peetv
- District Vice Chairman Mrs Raj Nahar
- District Secretary Mrs Dr. Savithri Raghupathi
- District Treasure Mrs. Dinaz Tarapore
- District ESO Mrs Manju Sharma
- · District ISO Mrs Saylee Khandeshe
- District Editor Mrs Anuradha Chandak
- No of Clubs: 62
- No. of Members: 2368
- No. & Names of clubs added: No addition.
   Worked more on Retention
- No. of Souvenirs released 1
- No. of Newsletters released 1
- No. of E Bulletin 12









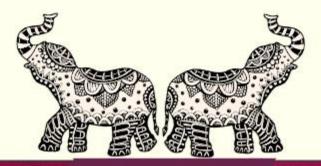


#### Projects done by clubs during tenure as D.C.

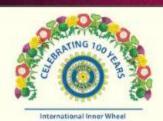
# District Thrust Areas To show Gratitude towards the Five Elements

- · Fire Save fuel and promote use of Solar
- Projects: Clubs donated solar cookers, batteries, install Solar panels or heaters in orphanages, old-age homes, street lights etc...
- Earth Save Trees and Grow Trees. Adopt 3RS Reuse, Recycle and Reduce. Say No to Plastic
- · Projects: Clubs did many different projects under Eradication of Earth pollution.
- Distributed pamphlets to motivate Diwali without crackers, eco friendly Ganesh idol workshops, planted trees and also looking after it...sent photos of those planted trees at the end of the year at the time of the reporting....
- . Wind To promote Pranayam Breathing exercises to live a healthy life
- Projects: Clubs Organised maximum Pranayam workshops for all ages schools, colleges and for society.
- · Water Save and Conserve Water
- Projects: Clubs constructed Rain Water Conversation plants in schools, Water purifiers at old age home, orphanages, schools
- · Space Vocational Training Women Empowerment
- · Use the time( Women's time is her space) productivity
- Project: Women Empowerment Vocational training -Clubs Organised Training women for Tailoring, Mehendi, Parlor and donation of equipment.
- Unique project by In IWC Jalna for organising Tractor Driving for 75 Women appreciated by the Association President in her presentation.
- · 1st time in our District by our Clubs:
- # Maximum donation of one project was of 25 lakh by donating a Cardiac Ambulance to Hospital by IWC Pune Central
- # The Women's Cancer Awareness Car Rally by Women Drivers organised by IWC Satara Camp from Satara to Mahableshwar
- · # Construction of Ghat of 8000 sq feet at the bank of river Godavari at Kaygaon by IWC Aurangabad Lotus











#### Any Additional District Event Organized:

- · First time / Achievements :
- 1. Conducted COTI one day one night stay at Mahableshwar.
- 2. 1st time Conducted the event Kala Anand with Prafulla Art Foundation for Inner Wheel Branding
- 3. 1st time conducted 2 District trips Rajasthan and North India
- 4. 1st time Published a guide line book for clubs in Hindi (Editor PDC Usha Dhamne)
- 5. 1st time Zonal Projects (Each Zone concentrated on one particular project conducted by the District Zonal Co ordinator) and Zonal TEACH Seminars by each zone, conducted by District Literacy Coordinator PDC Sunanda Hulyalkar

#### Any Inter-District, Association, International Event attended:

- Attended Diamond Jubilee Celebration at Delhi with 78 members from our District 313
- · Attended West Zone Seminar
- · Sevaarpan at Ajmer with 45 members of our District 313
- · Convention.
- 10 members from our District 313 attended

#### Any changes brought about at District Level:

Started COTI: Club officers Training Institute separately before the Assembly. This practice is adapted since then in our District.

#### Highlights:

Successfully hosted Incoming Chairman's Institute ICI and National Literacy Workshop Chalk Talk with the help of Convener PAP Smita Pingle, all the esteemed PDCs, District Executive Committee members and Clubs.

#### Memories:

To show gratitude towards the 5 elements. I

Named all the District events, did activities and projects accordingly this helped bring awareness towards the universe and therefore there was enthusiasm through out the year.

District Event - Names

COTI - Tarangini(Fire)

Assembly - Avani (Earth)

Rally - Mausmi(Wind)

ISO Meet - Tarangini(Water)

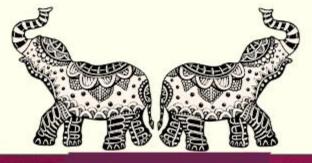
Conference - Vihangini(Space)

#### About Inner Wheel:

Inner Wheel is like an institute that trains, grooms and makes you a person of substance. It is a platform to serve mankind and I am happy I could contribute to bring change in the life of people who needed.

Inner Wheel has become a part of my life, of my daily routine. It has helped me make many like minded friends from all over. I alwags say Love, Learn, Live Inner Wheel.









## **GOLDEN THREADS**



#### Written by Sudha Murthy,

\*she writes"

"When my daughter, the elder of my two, wed and left home, I felt a part of me gone. With a daughter and a son, I know what both mean, differently. When she was in her teens I felt as if she was my "physical extension"! So when she left home to set up her own, I felt I lost a limb. Next time she came to stay with us, I was astonished how her priorities had changed. We too must've given the same shocks to our own parents!

When she said Amma,

she meant her mother-in-law, not me!

I felt she was always in a hurry to go back to her house and not stay with me for a few more days. That was the first time, it dawned on me that I have to start practising detachment with attachment. Two years after my daughter's marriage, my son left for higher studies to US.

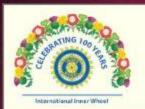
Having experienced a child's separation once, I was better equipped emotionally. I plunged head long into various classes held in the city starting from vedanta o healing to ikebana - I just wanted to be away from home..since my husband was a 24/7 workaholic. My son used to write how he was missing my home cooked food, how he was waiting to come back to live in Chennai with us ... After a few years, he did come back and we got him married. He started living separately with his wife and we were also happy that they wanted to be independent from the beginning... But now, it was all changed!

When in the U S, he missed my cooking, now if I called him to come over with his wife for a meal, it was always some excuse like "oh, amma, we have other plans for the day, please don't mistake us if we don't drop in today"! I could see that his priorities had also changed completely...

We talk so many things and give so much advice to others, but when it comes to our own children, acceptance comes very late. Our next step is to just leave them undisturbed in every way. It was at that time, that I made the following, my 'new profile'. In all my relationships , rather interactions, I give my best and do my best to live up to what I say. My attachment with them is complete. However, I remain detached in the sense that I do not expect them to reciprocate my affection. Most importantly, I make a conscious effort , not to interfere or pass judgements on the lives they choose to lead. My concern for my near and dear ones will not fade with my detachment. If you let go of the ones you love, they will never go away — this is the beauty of attachment with detachment!

I have learnt to love and let go. This dictum has developed tolerance in me. When I let the people live the way they want to, I learn to accept them for what they are. Most importantly, I learn to tolerate the world around me and this tolerance brings in me a sense of peace and contentment. Since both my children live in Chennai, I follow this very strictly, you know why! Now I have realised that we start growing mentally much more only after the children leave the house and we have to tackle the emotional vacuum, that arises, along with age-related problems . I specially dedicate this post to my friends, who are totally dependant on their children's lives, to nurture their own selves emotionally. Please develop your own intersts, hobbies etc, however mundane they seem to be.. We must learn To love whatever we do instead of doing whatever we love!!".

Very important to learn attachment with detachment with age.



कभी छुईमुई तो कभी सख्त कभी शर्मीली तो कभी बेशर्म हु फिर भी मैं मेरी फेवरेट हु

कभी संस्कारी तो कभी बिंधास्त कभी फिक्रमंद तो कभी बेपरवाह हु फिर भी मैं मेरी फेवरेट हु

> कभी बेटी बहु कभी बीवी कभी मां तो कभी सिर्फ मैं हु फिर भी मैं मेरी फेवरेट ह

कभी घर सवारती कभी ऑफिस संभालती कभी किसी का दुख देख हारती तो कभी मन की आवाज सुनती हूं फिर भी मैं मेरी फेवरेट हु

> कभी सीता कभी सावित्री कभी यशोदा तो कभी रनचंडी का रूप हु फिर भी मैं मेरी फेवरेट हु

जो मुझे अपना माने उसके साथ जो ना माने उसके लिए गुरुर की हुंकार हु क्यों की मैं मेरी फेवरेट हु

> WRITTEN BY DR. DURGA SHARMA IWC AREA 24 LATUR

रित की सुंदरता से ओतप्रोत अन्नपूर्णा का वरदान, ममत्व से भरी हुई ,ईश्वर की अप्रतिम रचना "स्त्री हूँ मैं"।

हाँ मैं असक्षम हूँ, किसी प्राणी को जन्म दे सकने में, लेकिन बाँझ शब्द से बेंधी जाऊँ यह मुझको स्वीकार्य नहीं।

तन के विज्ञान से परे है मेरा मन, जहां वात्सल्य की निरंतरता है ,सहनशक्तिऔर त्याग जैसे शस्त्रों से सुसज्जित है मेरा अस्तित्व।

किसी भी ईश्वरीय रचना को बना सकती हूँ अद्भुत, अपनी ममता और संस्कारों से।

मैं भी कर सकती हूँ यशोदा जैसे किसी कान्हा का पालन पोषण।

A गर पुरुष की असक्षमताएं स्वीकार्य है इस समाज को, तो स्त्री की

असक्षमताएं क्यों स्वीकार्य नहीं?

बस अब बहुत सह चुकी अब और नहीं, क्योंकि मैं हूँ स्त्रीत्व के गुणों से सराबोर जीवन को पूर्णता प्रदान करने वाली एक पूर्ण स्त्री।

हाँ मैं हूँ एक पूर्ण स्त्री ।

एडिटर रश्मि मिश्रा इनर व्हील क्लब ऑफ बाणेर हिल्स डिस्ट्रिक्ट 313

में औरत हं

ना किसी की जागीर ना किसी का हक हुं बेशक आंखो का परदा करती हुं पर कोई सम्मान को ठोकर लगायें तो नंगी तलवार से तेज हुं सहेती रहती हुं सबकी सिमां तक

पर टुट जाये कभी सीमाये बर्कसे भी जादा कडकडाती हुं ना आजमाओ कभी मेरा प्यार महेबुब से ले कर जिगर के टुकडो पर जान निछावर करती हुं मैं औरत हुं सबका सम्मान करती हुं

ना किसी से डरती हुं.मत समझना मुझे कुडा कचरा मै औरत हुं कुदरत का नायाब तोहफा

> मिनाझ मुलाणी IWC SATARA CAMP

स्त्री कडे आली सत्ता.

तिला भेटले बुद्धिमत्ता,
पण सत्तेचा करून गैरवापर,
तिने पुरुषांचीच फिरवावी का स्वतंत्रता.आरक्षण
आरक्षण म्हणून पुरुषांचीच लावू नये वाट पुरुषांच्या
छाती देऊन लाटणे आणि झाडू भ्रष्ट बुद्धिमत्ता
लागली डोके वर काढू आपली संस्कृती खरी.
जिच्या हाती पाळण्याची दोरी तीच जगाचा उद्धार
करी. पण लाज शरम पडदा करी आई बहिण सून
मुलगी. वासनाचे स्वेराचार माजल भारी वासनाची
नजर सारी मुलींना संस्कार देणे बंद केले आणि
काळजाचे थर काप उडाले.
जगणे ही कठीण झाले ,आणि पुन्हा चर्चेला उधाण
आले. आज एक मेली उद्या आणखीन एक मरेल.

पण हे रोखण्यासाठी उपाययोजना कधी करेन नुसते निदर्शने नुसते आंदोलन नुसते मोर्चे निघतील पण रोखण्याचे उपाय कधीही सुचतील दररोज मरण्यापेक्षा स्त्री का मरण पत्करेल.

> ARCHANA MUNDADA IWC AMBAJOGAI



## friends

MY DEAR FRIENDS OF INNER WHEEL

F .. FABULOUS

R .. RADIANT

I .. INNOVATIVE

E ..ENERGETIC

N .. NEVER TIRING

D .. DEDICATED

**5 .. SERENE INDIVIDUALS** 

LET'S TAKE A MOMENT TO EMPOWER OURSELVES.

M- MOMENT, AS IN EVERY MINUTE AND THAT IS NOW...LIVE IT.

O- OLD MEMORIES SHOULD BE CHERISHED AND NOT CARRIED...
DELOAD THEM.

M- MIDDLE AGE IS THE TIME TO ENJOY AND NOT GRUMBLE.....ENJOY IT.

E- ENDLESS EVERLASTING LOVE OF FAMILY AND FRIENDS TO REJUVENATE.....FEEL IT.

N- NOW IS THE TIME TO SPREAD YOUR WINGS TO REACH THE SKY ... FLUTTER IT

T - TIMELESS UNFORGETTABLE MEMORIES TO CHERISH...CREATE IT.

LET'S LIVE A LIFE THAT IS FILLED WITH BEAUTY, FUN, LOVE, JOY AND LAUGHTER...

BEAUTY FROM WITHIN
FUN WITH FRIENDS
LOVE FROM FAMILY
JOY AMIDST NATURE AND
LAUGHTER AS THE BEST MEDICINE

IT'S TIME TO DO WHAT YOU LOVE AND ITS TIME TO START LOVING YOURSELF.

SO, DEAR FRIEND'S EMPOWER YOURSELF WITH LOVE AND
CONFIDENCE...
ALWAYS AND FOREVER,
STAY CLASSY,
STAY FABULOUS,

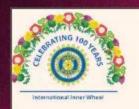
EDITOR ANSHU SHARMA IWC SOLAPUR

## चौकट

समाजाच्या घालून दिलेल्या
चौकटीत फुलवले
तीने स्वतःचे व्यक्तिमत्व
घडवले तिच्या उदरातून
स्त्री आणि पुरुष
असे सुंदर रत्न
मग का भेद करायचा दोघांमध्ये
कारण श्रेष्ठ असते तिची कुस
जी कुणा एकाची नसते
गर्भ जन्माच्या वेदना
जी करते सहन तिथे अस्तित्व
प्रत्येक युगात राहते सन्मानीय
त्रिवार अभिनंदन
या स्त्री जन्माला

EDITOR ARCHANA ZODGE IWC BEED 313























## Beetroot wrap with Paneer tikka stuffing

#### For dough

Wheat flour - 2 cups, Beetroot - 1, Salt, Carom seeds - 1/2 tsp,

knead a soft dough and let it rest for 20-30 minutes, make lachcha paratha/roti from it

For Stuffing marinate - Paneer- 200 gms, Thick curd - 1/4 cup, Salt, Black salt 1/2 tsp, Garam masala - 1/2 tsp, Red chilli, powder - 2 tsp, Turmeric - 1/2 tsp, Coriander powder - 2 tsp, Fenugreek - 1 tbsp, Cumin powder - 1 tsp, Roasted besan - 1.5 tbsp, Mustard oil - 2 tbsp, Lemon juice, Bell peppers, onion and capsicum cubes

#### Marinate for 20 minutes

Cook on high heat in little oil till it is cooked properly







**PDC NIRMALA SARDA** 19th March



ISO SHIKHA GUPTA

1 st March

IWC khadki



PRE VIDHYA GUJAR

3rd March

IWC parli vaijnath



SEC SONIA MISHRIKOTKAR

3rd March

lwc jalna horizon



**EDTR VIJAYA SWAMI** 

4th March

IWC Ahmedpur



**PRE SANGITA MORGE** 

5th March

**IWC Chakur** 



PRE DR INA NATH

6th March

**IWC Aurangabad** 



SEC ANINDITA MUKHARJEE

7th March

IWC pimpri



TREA. VAISHALI CHAME

8th March lwc Ahmedpur



8th March

**IWC** pune wings



SEC KANCHAN LAHOTI



9th March

**IWC** solapur starlet





EDTR DR SWATI SHAH 9th March **IWC lonand** 



**SEC NISHA PAWAR** 10th March IWC talegoan dabhade



14th March **IWC** karjat



**PRE SHRUNALI APTE** 14th March **IWC PUNE** 



**EDTR KIRTI SAWANT** 15th March **IWC** pen



PRE SAEE PALWANKAR 19th March IWC PANVEL CITY



TREA. SONALI DESHMUKH 19th March **IWC Nanded** 



TREA. JAYSHREE POTE 22th March **IWC Akluj** 



24th March IWC malkapur



TREA.DEEPA PATIL 25th March **IWC** manchar



26th March IWC karad



28th March **IWC** panvel



28th March **IWC** pune deffodils



30th March IWC pune river rhythm



31st March IWC pune central

















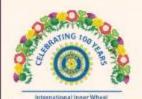










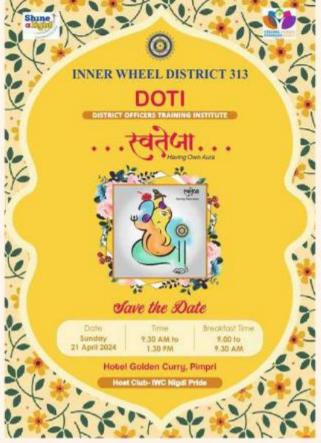


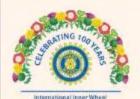
## **UPCOMING EVENT**



## **UPCOMING DISTRICT EVENTS**







## **ACHIEVEMENT**



MANGALA GUDE--VISHWEKAR PAST PRESIDENT 2017-18 INNERWHEEL CLUB OF BEED



CORPORATION AWARDED PDC SANTOSH SINGH AS

OUTSTANDING WOMAN SANMAN.





HORIZON RECIVED NARI RATNA AWARD BY MAHARASHTRA MARWADI YUVA MANCH.



## **ACHIEVEMENT**



ROTARY CLUB OF NIGDI PUNE FOR THE HUMANITARIAN WORK!



1.राज्यस्तरीय भारतज्योती कलारत्न नारीगौरव पुरस्कार... फोटोग्राफी क्षेत्रातील कला कामगिरीसाठी... 2."राज्यस्तरीय कुशल नेतृत्व जननायिका नारीगौरव पुरस्कार" सांस्कृतिक क्षेत्रातील ओवी संस्कृती जपण्यासाठी ओवीरंग या आमच्या निर्मितीला. JYOTI SHINDE IWC KHOPOLI









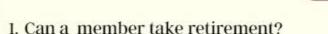
# 1) EDTR DR ANSHU SHARMA IWC SOLAPUR 2) EDTR RUPALI DANGE IWC KARAD

## CONTROL OF THE PROPERTY OF THE

**Key Answers** 

(1) In case of votes being equal, the Club President/ District Chairman/ Assocition President has the casting vote in case there is a tie between two candidates after counting of votes. This is generally cast before counting, and used, if needed. (2) No, they cannot be from the same club (3) Delhi, District 301 (4) Rachana Malpani (5) Panvel (6) 39/40 years (7) Sunita Jain (8) One - (whatever may be the strength of members)

**QUESTIONS** 



- 2. Can member take transfer from one club to another?
- 3. District EO has to be past district chairman?
- 4. Can the association bye- laws be translated in the regional language?
- 5. Is it necessary for a praposal to be seconded before discussion at a Triennial conference?
- 6. What is the fellow year of District chairman?







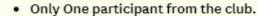


RULES







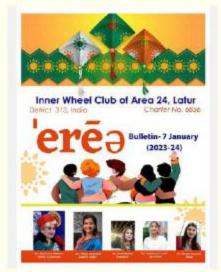


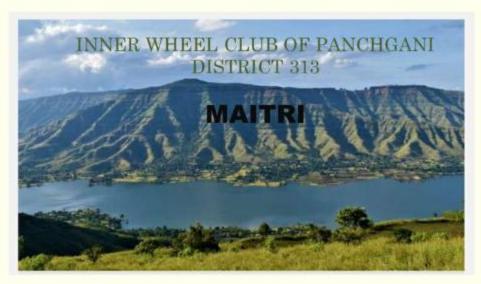
- Answers with the sender's name, designation (post) with respective club name to be sent by WhatsApp to
  District Editor's Number. 9673790058.
- The first 8 ALL-CORRECT answers will be duly recognized
- . The name of the winners will be published in the NEXT edition of the District e-bulletin



#### STAR BULLETINS OF MARCH

International Inner Wheel

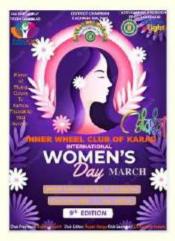






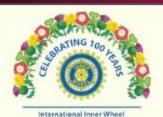




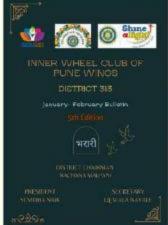




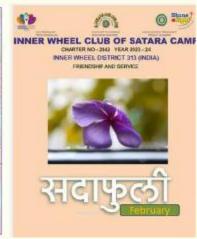


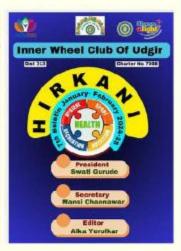


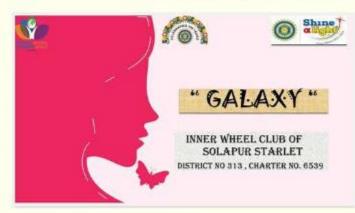
#### STAR BULLETINS OF MARCH



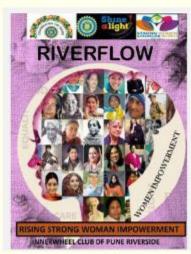


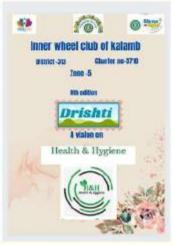


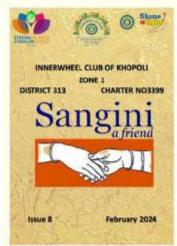


















## भावपूर्ण श्रद्धांजली



SMT NAGAMMA KESHAVAMURTHY

PDC & MARGARETTE GOLDING

AWARDEE DISTRICT 316



SMT MRIDULA KOTHIWAL PDC DISTRICT 310

18/03/2024

#### SHRADHANJALI

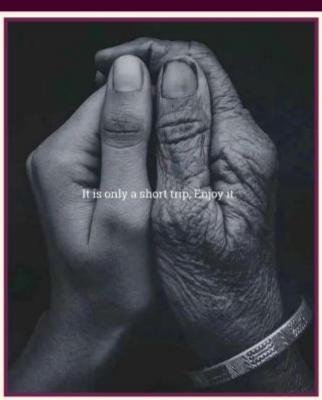
The District-313 pays its homage to the departed soul.

Our heart felt condolences to the whole family. May God give

strength to bearthe irreparable loss.

## DO YOU AGREE ???





https://innerwheelindia313.org

